

LEMURIA IS AWAKE IN VISOKO

By: Mar Garcia, Granada, Spain

Translation: Birgitte Knaus, Barcelona, Spain



The Pyramid Complex in Visoko, Bosnia & Herzegovina

The complex of pyramids discovered by Dr. Sam Semir Osmanagich in Visoko, Bosnia Herzegovina, goes far beyond amazing, it is very old, belonging to the cradle of mankind's civilization, indeed. Each and every one of the tests that appear as confirmed, to the chagrin of a few and to the delight of many people.

THE LEMURIANS

The Lemurian race came from the stars, from Sirius, Alpha Centauri, the Orion Constellation, Ursa Major and the Star system-Arcturus, they belong to the Intergalactic Confederation. After the cosmic war and the destruction of planet Tiamat, it was the first uprising, which came to the new planet, which surged from the shock and destruction of Tiamat, caused by the ghost planet, which is now called planet X.

After so much destruction, an agreement was reached, to protect and help the 4 main extra-terrestrial races to evolve, to use it as a base and to do research of its own species, as well as how to use and take advantage of their own resources.

Among the first Lemurian, there were representations from the other races as a covenant of peace, and even joining lineages between them to ensure the pact of "Marriages".

These Beings found themselves in an inhospitable planet, where they had to carry out its reconstruction during different eras and epochs. A coming and going during millions of years.

Once the first foundations were established, there were other breeds and races, which came and installed themselves in place in same way as the Lemurian race did, although they were the true Origin and the First Human race.

They settled in the north before the great glaciation, and when this happened, they moved on to other bases. Soon there will appear remains of these bases under the ice.

The first Lemurians were very tall Beings, between 3.65 m to 4 m, some almost giants, they had soft features, most of them without hair, always covered their head, very white almost translucent skin, in contrast to their eyes and intense gaze, which changed colour from indigo blue to very light grey to black. The Lemurian ladies had white, shiny and very long hair. Their skin was very sensitive to sunlight, as at that time it was very strong. They had to be protected themselves and could not be exposed over several days to the sunlight, for their skin had lack of pigmentation. For this reason there were buildings, in which they had molecular and cellular rejuvenation chambers. To survive on this new Planet, they needed to fully adapt to the environment and atmosphere. It was decided to gradually implement their DNA and their soul to the new hybrid humans and thus keep a large group of them definitely here as a species.

The Ravne Tunnels under and around the Pyramid of the Sun in Bosnia was very important, because in there the purity of the Ancients of Tiamat was maintained, for this purpose preserving the technology of the former planet Tiamat, in addition to the importance to travel from the fifth dimension, which is their frequency, to the third dimension, which is the current frequency on the planet.

During the Jurassic era, there was domestication of dinosaurs and other species through telepathy, these being of great help for the reconstruction and the amount of methane these animals produced, being a valuable resource for reuse and transform into energy.



Gradually the hybrids had gained almost all their faculties and many of them were already part of the Mu society, gradually integrating their customs, rites, laws, education and lifestyle.

The Lemurians travelled from their own frequency of **the Fifth Dimension to the Third** without difficulty. Among the techniques they used, was the pranic energy of the heart and pyramids, which served as a bridge between the two dimensions, without the slightest risk.

The Guardians, endowed all beings on this planet with pranic soul, from there on, every living species developed its own subtle consciousness.

For example, trees are one of the most evolved species, dare I say, more than humans. There are **Guardians Trees**, that restore its own ecosystem quickly when a disaster strikes, while the human species gets wiped out. These Guardian Trees maintain their consciousness with all its molecular patterns, so to re-establish themselves and grow again. If for example these Guardian trees get killed, are cut, there can hardly be life back again. These Masters Trees or Guardians are a specie which came from Andromeda.

MU - LEMURIA

There are still some edifications and buildings on this planet which originally came from Tiamat. Some of these remnants are "The Valley of the Pyramids of Visoko in Bosnia & Hercegovina", discovered by Dr. Sam Osmanagich in 2005 and many more will continue to appear.

The "**Ancients**", after making several trips, they were able to locate some of its pyramids or sacred premises, which were still standing. Once they settled, together with the help of human humanoids (which after genetic evolution and through anthropogenesis evolution, became valid and useful), the reconstruction works were carried out.

One of the functions of this complex of pyramids was designed for this purpose among others, the manipulation of the genome of the species.

At the **Tumulus in Vratnica**, one of its functions, among others was precisely its vortex, to expose beings to complement the vibrating molecules in the process of the DNA mixture.

The **Visoko Valley Complex** was designed, to keep all the wisdom of the Ancients, for their own survival on this planet, as a laboratory for the **development of species, advanced technology** in **Genetic Manipulation** and **Botany**.

Their diet was exclusively based on plants, therefore the importance of healthy food.

The complex of the Visoko Valley and the **Pyramid of the Sun**, was an architectural complex designed as a base, in which the genome of the first homonoids was developed into a new species "**the first humans**", which then continued evolving.

Then through the Akashic memories, to which I had access to, they took me I think to the Oligocene era, where the first thing I saw, was that almost the entire surface of the earth was submerged and only a few peaks showed out of the water.



"The Bosnian Pyramid of the Sun"

The lords of the stars used brilliant flying machines, which sucked up (vacuumed) large amounts of water. Through my fast forward vision, I reached the age, where everything was green and I saw the mountainous formation of the Alps.

After the great disaster...

The Trees in the Park of the Stone Spheres...

In the Stone Sphere Park of Zavidovici, a tree told me the following story:

The ancient planet was mostly water and after the explosion, the largest fragment was thrown off its orbit, turning on its own axis at such a rate, that two phenomena happened, its core exploded, fusing with thousands of metals and organisms, while the water that enveloped it froze to an immense thick layer. It had a **"Burning Heart"** and a **"Skin of Ice"**.

The outer crust cracked through the different pressures and temperatures inside and outside, leading to the formation of huge volcanoes that liberated the interior magma, sending off tons of gases, molecules, carbon, calcium and other substances. Then the ice started melting and the boiling water turned into gases and became pure hydrogen, causing a greenhouse effect and holding the gases around the whole planet with effect of attraction and created a powerful shield until the air became breathable.

I'm talking about billions of years ago.

The inner life of the Stone Spheres

The stone spheres are containers of different species in an embryonic state of life.

The Ancients, after the disaster of their beloved planet Tiamat, emigrated to other planets and other motherships of the galactic confederation. After signing peace agreements, the whole new planet was divided between races or clans, under the agreement to care for it and experience in it and that once the hybrids were ready, to leave them to their own devices, each one of them evolving themselves, according to their degree of understanding, and yet this has always been a stumbling block, an issue that disjoint the Confederates. In fact, it was one of the causes that separated the Atlantean and Lemurian race and why they were at war, until the extinction of both. The

Atlanteans supported the dominance of the races, thinking that the weak have to be slaves, while the **Lemurians** followed the rules of the Council of the Galactic Confederation.

There is evidence that the Galactic Confederation supporting this thought, have helped in different events or wars of **our era**, to help maintain harmony on the planet, as shown in the War of Succession of the United States. Deactivating missiles, they were present to maintain the safety of the nuclear complex in Japan. I witnessed it 6 months before, when I was invited by them to come back to the mother ship and saw the tsunami that later on hit the coast of Japan.

The Starseed or Star Crystals

The new planet Earth was in its first evolutionary process, perhaps in the Neoproterozoic era, as it began to take shape in a gigantic continent surrounded by fertile waters, there was a launching or a bombardment of several races through these stone spheres, serving as containers of life inside of them. Because of the instability of the land, it would have been impossible to land.

The reason for its round shape, with its alloy or cast iron particles and other type of minerals, is so that during the journey, while coming from such a great distance and speed and when it dropped, it could resist getting changed or damaged. They were designed with hardness and durability to travel through high temperature.

These spheres act as capsules, containing within bacterial microorganisms, bacteria and even embryos of two types, some completed and others waiting to be awakened and genetically manipulated for the last embryonic stage, beings of the animal or plant kingdom in its purest form.

Once having arrived here, the material of bacterial or embryonic organism would be released. Some of these colonies were growing around a kind of uterus or organic matrix to create and evolve themselves, start to grow and spread through air and water. Nature carries a pattern in each species, the law of the microcosm within the macrocosm and vice versa.

The tree told me, that in those times there were minerals or metal beings with intelligence, different and hitherto unknown by humans, something like an artificial intelligence. Every creature on the face of the earth has them within, although mostly asleep. In each species there are a number of them still conserved, to maintain the balance.

The stone spheres around the world are different, according to its builders and in which way they got here.

There are alien spheres and other spheres, which were made by hybrid beings, for different utilities.

Later I will explain this in "Other utilities of the Spheres".

Once the planet became habitable, as I said before, the Lemurian outpost was composed of different races and they took their dominance in the new world, under its own technology, symbolism, spiritual character, survival and they built their own complex of pyramids. For this reason, there is such a diversity.

The awakening of the sleeping areas

During this ancient civilization, they were able to unearth these stone spheres and awaken the inserted codes therein. Each race had its own technique to open or awaken these spheres, through the vibration of sounds and rhythms, matter can be altered. By a specific sound of the voice, "a mantra, phrase or code" the material composition of the embryonic cells, which is carried within, gets altered. The voice is the best instrument, as it carries the highest vibration and as it is attached to all the bodies, mental, emotional, physical, psychological and spiritual.

This technique was also used to move large blocks, to manipulate, open, displace, move or levitate.

One of the last discoveries this year, the “very large Stone Sphere, or the largest Stone Sphere in the World”, (discovered beginning of 2016 by Dr. Sam Semir Osmanagich), retains an ancient inscription.





They also genetically manipulated the genome of early hominids with their own ones. (I have to make a side remark here), this might have been after billions of years of investigation of the first research group which come from the stars. They created the very first prototype.

First they tested with plants, animals, minerals, elements, to create the perfect mix. This is why our mythology is full of half men half animals, and plants had different shapes and forms.



They brought the Spheres of light, or Star Crystals with all its wisdom, memory, DNA, as stellar maps, complex circuits technology, which appear in the drawings carved on the stones found in Jalisco and other provinces in Mexico, which is a stone library. (Stones investigated by Dr. Pablo Enrique García Sánchez, in Ojuelos, Jalisco, Mexico,) and the work drawings called "Genesis" by Birgitte Knaus, (Put pictures of Piedras Jalisco)

Other utilities of the Spheres

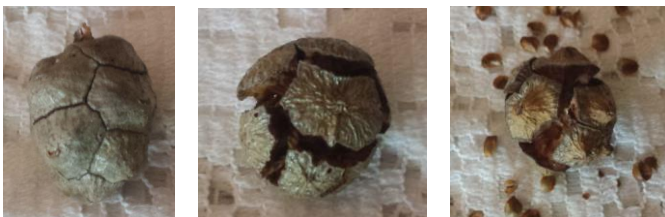
There are those made by man through moulds, for the construction of large megalithic temples or as bearing for the use of transportation. For the assembly of larger buildings, in particular, to protect them from earthquakes. They are moving parts inside those joints, so that throughout the earthquake movements and friction, they remain united.



I'm currently deciphering the inscriptions of the newly discovered stone sphere, I will first just say a few words: "they talk about what it contains inside and how to open it."

Repeating patterns in species for its reproduction.

I have taken the fruit of a Cypress tree as an example, as compared to the core or the Nucleus of the stone spheres.



Cypress fruit and flower, with male and female flowers, maturation and release of seeds.



One Nucleus of a Stone Sphere found in the park of Zavidovići in Bosnia.

Stone balls found in other areas of the world.



The Bosnian Pyramid of the Sun

"The Bosnian Valley of the Pyramids in Visoko, Bosnia & Herzegovina"

Ravne Tunnel I and II

For the Ancients, their **Health** was very important, maintaining a balanced diet of fruits and vegetables and the inhalation of fresh air, to maintain all their most delicate textures and to purify their blood. To this end, the safest place was inside the Bosnian Pyramid of the Sun itself and moving down the Valley through the excavated tunnels.

These tunnels met several factors, pure air, like in some places were excavated by volunteers from the archaeological team of Dr. Sam Osmanagich and some places inside the tunnels have been tested up to the scale of 40,000 bovis.

Mar García

anilloslemurianos@hotmail.com

The Megaliths

To be continued.....

“Pyramid of the Moon”
"Bosnian Pyramid of the Dragon".
"Pyramid of Mother Earth"
"Pyramid of Love"
Vratniça tumulus