

NEW AND EXCLUSIVE !!!
BOSNIAN PYRAMID ENERGY
DETOX AND BODY FAT REDUCTION PROGRAM

10 DAYS/9 NIGHTS IN 5-STAR HOTEL IN SARAJEVO
WITH EVERY DAY EXPOSURE TO BOSNIAN PYRAMID ENERGY IN VISOKO
BODY TOXIN REMOVAL AND BODY COMPOSITION CHANGE WITH
CERTIFIED FITNESS TRAINER SABINA OSMANAGICH



Sabina Osmanagich, certified personal fitness trainer

CHOOSE YOUR DATE TO START THE PROGRAM IN 2019:

- 1. MAY 1st – MAY 10th**
- 2. JUNE 1st – JUNE 10th**
- 3. JULY 1st – JULY 10th**
- 4. AUGUST 1st – AUGUST 10th**
- 5. SEPTEMBER 1st – SEPTEMBER 10th**
- 6. OCTOBER 1st – OCTOBER 10th**

Day 1:

- Arrival to Sarajevo International Airport, transfer to 5-star hotel 'Radon Plaza' (<https://radonplazahotel.ba/home/>)
- Welcome dinner, basic health and energy measurements

Day 2

- 7.15 – Yoga session
- 8.00 – Breakfast that start with the Bosnian Pyramid Healing Water
- 8.45 – Trip to Visoko
- 9.30 – Belvedere, view point of the Bosnian Pyramid of the Sun
- 10.00 – Climb to the archaeological trenches of the Bosnian Pyramid of the Sun
- 11.30 – Visit to the Foundation's Museum
- 12.00 – Prehistorical Underground Labyrinth Ravne, 1st Detox session
- 13.30 – Home-made lunch in Park 'Ravne 2'
- 14.15 – Visit to Park 'Ravne 2' installations
- 16.00 – Lecture on nutrition and basic nutrients
- 17.00 – Trip back to hotel
- 19.00 – Dinner and free time



Bosnian pyramid of the Sun

Day 3

- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Climb to the top of the Bosnian Pyramid of the Sun with the meditation
- 12.30 – Fitness training in Park ‘Ravne 2’
- 13.30 – Home-made lunch in Park ‘Ravne 2’
- 14.30 – Lecture on types of Metabolism and basic ways to regulate them
- 15.30 – Meditation and Detox visit to Underground Labyrinth Ravne
- 16.30 – Trip back to hotel
- 19.00 – Dinner and free time



Meditation in Underground Labyrinth Ravne

Day 4

- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Visit to Vratnica Tumulus with meditation
- 11.00 – Fitness training in Park ‘Ravne 2’
- 12.00 – Visit to Underground Labyrinth Ravne
- 13.00 – Home-made lunch in Park ‘Ravne 2’
- 14.15 – Breath and Relaxation techniques

- 15.00 – Games without borders, interactive games
- 17.00 – Trip back to hotel
- 19.00 – Dinner and free time



Underground Labyrinth Ravne

Day 5

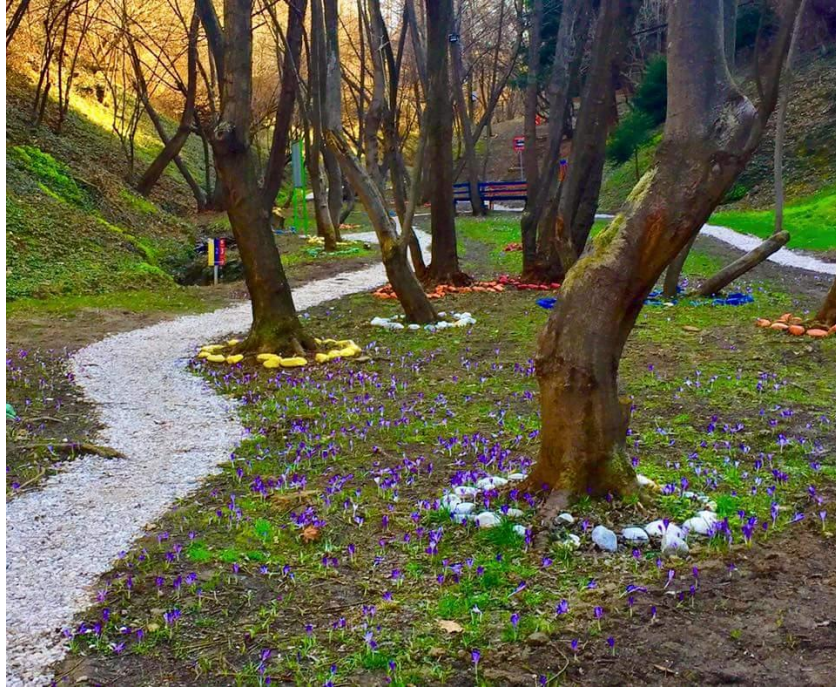
- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Visit to local farm with organic food
- 11.30 – Fitness training in Park ‘Ravne 2’
- 12.30 – Home-made lunch in Park ‘Ravne 2’
- 14.00 – Relax time in Wellness Center in Foundation’s Air-Spa (face/body massage/clay body wrap)
- 17.00 – Trip back to hotel
- 19.00 – Dinner and free time



Homemade, organic food in Park

Day 6

- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Sarajevo Daily Tour, walking in pedestrian areas
- 13.30 – Lunch in Sarajevo
- 15.00 – Trip back to hotel
- 16.30 – Aqua aerobic in hotel's swimming pool
- 19.00 – Dinner and free time



Park Ravne 2

Day 7

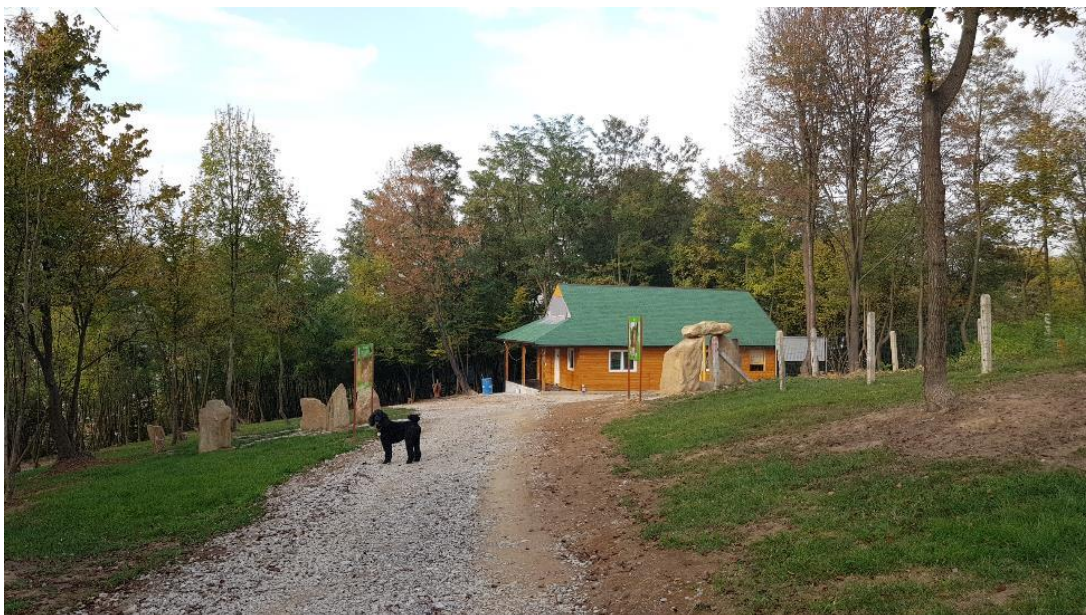
- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Hiking, from the Bosnian Pyramid of the Sun to the Park ‘Ravne 2’
- 13.00 – Lunch in Park ‘Ravne 2’
- 14.30 – Underground Labyrinth Ravne, Detox session
- 15.30 – Stretching exercises in Park ‘Ravne 2’
- 16.30 – Trip back to hotel
- 19.00 – Dinner and free time



Park Ravne 2

Day 8

- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Visit to the Bosnian Pyramid of the Moon, walk and climb
- 11.30 – Fitness training in Park ‘Ravne 2’
- 12.30 – Home-made lunch in Park ‘Ravne 2’
- 14.00 – Breath techniques and meditation
- 15.00 – Lecture by Dr. Sam Osmanagich
- 17.30 – Trip back to hotel
- 19.00 – Dinner and free time



Wellness Center in the Healing Forest

Day 9

- 7.15 – Yoga session
- 8.00 – Breakfast
- 8.45 – Trip to Visoko
- 9.30 – Underground Labyrinth Ravne
- 10.30 – Aura and basic parameters measurements
- 12.00 – Fitness training in Park ‘Ravne 2’
- 13.00 – Home-made lunch in Park ‘Ravne 2’
- 14.30 – Meeting, result discussion/Wellness Center/Massage
- 17.30 – Trip back to hotel
- 19.00 – Farewell dinner



Park Ravne 2

Day 10

- 7.15 - Breakfast
- Transfer to International Airport Sarajevo

UNIQUE PROGRAM, MAXIMUM SEVEN PERSON IN THE GROUP FOR THE FULL PERSONAL ATTENTION.

THE PROGRAM INCLUDES ACCOMMODATION IN THE FIVE-STAR 'RADON PLAZA' HOTEL IN SARAJEVO, THREE CAREFULLY CHOSEN MEALS PER DAY, TRANSPORT AT ALL LOCATIONS, CONTROL OVERVIEW OF THE BASIC HEALTH PARAMETERS (PRESSURE, SUGAR IN THE BLOOD, WEIGHT, OXYGEN LEVEL, OXYGEN MOBILITY, AURA RECORDING, MEASUREMENT OF STRESS LEVEL AND CHAKRA BALANCE). ALL MEASUREMENTS BEFORE AND AFTER THE PROGRAM. THIS PROGRAM WILL INTRODUCE BASIC OF HEALTHY LIVING, PROPER FOOD, MOBILITY AND FUNCTIONALITY OF THE BODY, DETOX PROCESS AND ALL OF THAT WITH CERTIFIED FITNESS TRAINERS, NUTRITIONAL AND YOGA MASTERS.

PREHISTORICAL UNDERGROUND LABYRINTH RAVNE IS THE UNIQUE PLACE IN THE WORLD WHICH HEALS THE BODY THANKS TO THE HIGH CONCENTRATION OF NEGATIVE IONS AND ABSENCE OF ANY HARMFUL COSMIC RADIATIONS, NATURAL RADIOACTIVITY, WI-FI OR MOBILE PHONE SIGNALS. ALSO, PYRAMID ENERGIES HAVE BEEN MEASURED IN THE TUNNELS WITH BENEFICIAL ELECTROMAGNETIC AND ULTRASOUND FREQUENCIES AND ORIGINAL SCHUMAN RESONANCE OF 7,83 Hz. THESE ELEMENTS START REGENERATION, DETOX AND SELF-HEALING PROCESS.

DURING THE PROGRAM, PARTICIPANTS WILL BE INSTRUCTED HOW TO USE PYRAMID HEALING WATER WHICH VIBRATES VERY HIGH AND FEED THE CELLS.

The program is intended for the age of 18-60 years.

Price per person:

- One person in a double room: 1.792,00 euro

- One person in a single room: 2.120,00 euro

Contact: incoming@piramidasunca.ba



Park Ravne 2